

QA Level 1 Award in

# Health and Safety in a Construction Environment (RQF)



Supported by the Construction Industry Training Board (CITB)



Ofqual regulated



Route to applying for the Green Labourer CSCS Card

## Be Prepared!

The **QA Level 1 Award in Health and Safety in a Construction Environment (RQF)** is ideal for people who work in, or want to work in, a construction environment. It has been specifically designed to provide successful candidates with a route to applying for the Green Labourer CSCS Card.

Supported by the Construction Industry Training Board (CITB), this regulated and nationally recognised qualification has been developed to provide a basic awareness of health and safety within construction.

Successful candidates will gain an understanding of the risks of working in a construction environment, principles of risk assessments for improving health and safety at work, the importance of working safely at height and much more.

## What's Covered?

- ⚠ Principles of risk assessment for maintaining and improving health and safety at work
- ⚠ Common causes of work-related fatalities and injuries
- ⚠ Method statements and their use
- ⚠ Health and safety definitions
- ⚠ Hazards and risks in the construction environment
- ⚠ Importance of safe manual handling in the workplace and employees' responsibilities
- ⚠ Principles of safer manual handling
- ⚠ Importance of working safely at height in the workplace and employees' responsibilities
- ⚠ Hazards and potential risks associated with working at height and controls
- ⚠ Risks to health within a construction environment (including asbestos exposure)
- ⚠ Types of personal protective equipment (PPE) that may be used when dealing with hazardous materials
- ⚠ Hazards and potential risks associated with working around plant and equipment and controls
- ⚠ Hazard warning signs and symbols
- ⚠ And much more!

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